

Response from our Members

"I thought that it was very nice to not only go to the doctor and have checkups, but to talk to someone else and know that my questions would be answered."

"The support and encouragement of the program meant the most to me, keep up the good work."

"The best part of the program was having one person, a nurse, that I could contact for questions or concerns."

"We liked the attention and information received! It was very helpful."

"It is nice to know my insurance carrier knows what's going on and I am not just another number."

Bluegrass Family Health

651 Perimeter Drive Suite 300
Lexington, KY 40517

Phone: 859-269-4475

Toll Free: 800-787-2680

Email: casemanagement@bgfh.com

Web: www.bluegrassfamilyhealth.com



For Expectant Parents
Special Delivery



Maternity Program

Bluegrass Family Health

800-787-2680 • 859-269-4475

Special Delivery Maternity Program

As a part of the Bluegrass Family Health family, we want to give you support during your pregnancy through our Special Delivery Maternity Program.

This voluntary program is not a substitute for the care and information provided to you by your doctor, but a complement to his/her expertise. We will provide you with health and pregnancy educational materials, including the comprehensive guide "Planning Your Pregnancy and Birth." We also follow your pregnancy in several ways. We have on going communication between you, your Primary Care Physician and/or your Obstetrician to evaluate your progress and identify any potential high risk factors.



High Risk OB Case Management

When there is a high-risk pregnancy according to the guidelines of the American College of Obstetricians and Gynecology (ACOG), Bluegrass Family Health will follow the progress through our case management program. A dedicated RN Case Manager will assist in OB care coordination.

Program Enrollment

The Physician providing you with maternity services may notify us to send you information about the Special Delivery Maternity Program. You may also self refer into the program. Simply call the customer service department and ask for the Special Delivery Program. You will then speak with the RN Case Manager who will be gathering information and sending you the OB Packet. A prenatal questionnaire is included.

Prenatal Questionnaire

By completing and returning the prenatal questionnaire, you will be officially enrolled in the program and be able to enjoy the benefits it has to offer.

Frequently Asked Questions

Q: Does this have to be my first pregnancy to enroll in the program?

A: No, Bluegrass invites and encourages all its members who are pregnant to enroll.

Q: Is someone available to answer my questions I have throughout my pregnancy?

A: Yes, the Special Delivery Program has RN Case Managers with both Pediatric and OB experience available to answer your questions or refer to your Doctor.

This is the character of our companysm

Bluegrass
Family Health